REPLACING THE PLASTIC TRACK:

1. Remove the sliding carriage from the base by moving the carriage all the way to the limit of its travel in one direction and lifting that end of the carriage up and out of the base. Now move the carriage to the other end of its limit and lift that end out.
2. Grasp the old plastic track at one end and pull it up from the base. A pair of pliers might be useful to get it started.
3. Remove any old adhesive or tape from the base by scraping or rubbing.
4. Check the length of the new track by pushing it into place on the base. The track should not go all the way to the ends of the base. It should fall about 1/4” short of the ends to allow for movement and expansion. Use a sharp knife or cutters to trim the length.
5. Adhere the ends of the plastic track to the base by lifting the ends of the plastic track up and applying 1-2” of the double stick tape to the base. Remove the tape liner and press the track onto the tape.
6. Repeat on the other side and reinstall the carriage. Run the carriage all the way to either end while pushing down on it to fully seat the track on the base.

REPLACING THE ROLLERS:

1. Remove the sliding carriage from the base by moving the carriage all the way to the limit of its travel in one direction and lifting that end of the carriage up and out of the base. Now move the carriage to the other end of its limit and lift that end out.
2. Using a 9/16” socket and wrench, remove the nut and bolt holding the roller in place. Note the location of the spacer.
3. Reassemble the nut, bolt and spacer with the new roller.
4. Repeat for the other three rollers and reinstall the carriage.